

Meal contributions are always appreciated. Please pay what you can, when you can, if you can. THANK YOU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	INFO/EVENTS
(AUGUST 31) chicken & rice broccoli peas hot roll peaches	1 Salisbury steak mashed potatoes/gravy carrots hot roll pie	2 taco salad with ground beef, corn, tomatoes tortilla chips apricots	3 lemon pepper chicken scalloped potatoes carrots hot roll peach crisp	4 sausage gravy with biscuit tator tots pancakes & syrup mixed fruit	LUNCH is served from 11:15AM - 12:15PM MON-FRI
7 CLOSED IN OBSERVANCE OF LABOR DAY (home delivery meals will be sent on Fri 9/4)	8 supreme pizza with pepperoni, sausage, peppers & onions pasta salad peanut-butter pie	9 smothered pork chop stuffing broccoli salad corn pineapple	10 shepherd's pie with ground beef, peas, carrots & potatoes cottage cheese whole wheat bread fruit pudding	11 baked fish fillet baked beans cole slaw hush puppies cake	FREE BINGO with prizes TUES, AUG 8 NOON Immediately following lunch service
14 baked chicken with noodles spinach stewed tomatoes applesauce	15 spaghetti with meat sauce carrots French bread fruit	16 Vicky's fried chicken mashed potatoes/gravy green beans bread butterscotch pudding	17 Sloppy Joe on bun French fries peas Jello fruit salad	18 chicken salad on bun potato chips apple, carrot & raisin salad pears	All meals include an 8 oz serving of low-fat milk
21 baked ham sweet potatoes buttered cabbage mixed fruit bread	22 beef cutlet baked potato broccoli Normandy hot roll strawberry shortcake	23 chicken enchiladas in tortilla shell with peppers & onions beans & rice brownie	24 cheeseburger on bun potato salad baked beans cake	25 sweet & sour pork rice green beans hot roll baked apples	Homemade desserts are frequently added to our congregate meals, JOIN US!
28 chicken nuggets mashed potatoes/gravy mixed vegetables biscuits cookies	29 pork roast Augustine potatoes peas hot roll mixed fruit	30 taco salad with ground beef, corn, tomatoes tortilla chips apricots			If you know someone 60+ and homebound in need of meal delivery, call us 660-376-3103