

# MAY 2026 MENU

**Marceline Area Nutrition Program & Center 229 W. Hauser, Marceline, MO 660-376-3103**

**The Center is open from 8am to 1:30pm, Monday through Friday,**

**for coffee, conversation, cards, and pool**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	INFO & ACTIVITIES
week 1					<b>1</b> pork sausage with gravy whole wheat biscuit hash-brown potatoes spinach oranges	<b>Home delivery recipients:</b> <b>If you will not be home to receive your meal, please call the center by 9:30am that day at 660-376-3103.</b> <b>Thank you!</b>
week 2	<b>4</b> spaghetti w ground beef French bread lettuce salad with onions & peppers carrots pears	<b>5</b> roast pork whole wheat bread mashed potatoes with gravy mixed vegetables peaches	<b>6</b> BBQ pulled chicken whole wheat bun potato wedges corn baked apples	<b>7</b> beef taco casserole with whole grain tortilla chips, peppers & onions stewed tomatoes applesauce	<b>8</b> Polish sausage macaroni & cheese sauerkraut peas mixed fruit	Lunch is served in the dining room 11:15-12:15 Monday – Friday
week 3	<b>11</b> beef with noodles whole wheat bread broccoli spinach pineapple	<b>12</b> pork tenderloin whole wheat bun tator tots peas applesauce	<b>13</b> beef & bean burrito Spanish rice lettuce salad with onions & peppers stewed tomatoes oranges	<b>14</b> Vicky's fried chicken whole wheat roll mashed potatoes and gravy corn pears	<b>15</b> pork sausage cavatini French bread Lettuce salad with onions & peppers carrots mixed fruit	All meals include an 8-ounce serving of low-fat milk.
week 4	<b>18</b> baked ham whole wheat roll sweet potatoes mixed vegetables peaches	<b>19</b> Salisbury steak whole wheat roll mashed potatoes and gravy buttered cabbage apricots	<b>20</b> baked fish filet cornbread cole slaw baked beans pears	<b>21</b> country fried beef steak whole wheat roll mashed potatoes and gravy green beans applesauce	<b>22</b> BBQ rib patty on whole wheat bun baked potato wedges broccoli mixed fruit	Contributions are welcome but never required.  Please contribute what you can, when you can, if you can.
week 1	<b>25</b> <b>CLOSED IN OBSERVANCE OF MEMORIAL DAY</b>	<b>26</b> beef lasagna French bread lettuce salad with onions & peppers carrots mixed fruit	<b>27</b> meatloaf whole wheat roll au gratin potatoes green beans applesauce	<b>28</b> chicken salad croissant pea salad pickled beets chips peaches	<b>29</b> pork sausage with gravy whole wheat biscuit hash-brown potatoes spinach oranges	<b>Cash is preferred to keep contributions confidential.</b>  If you need to write a check, please make it payable to: <b>Marceline Nutrition Program</b>

