

Meal contributions are always appreciated, but **NEVER REQUIRED**. Pay only what you can, when you can, if you can.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	INFO/EVENTS
3 chicken & rice casserole with broccoli & peas hot roll peaches	4 Salisbury steak mashed potatoes and gravy carrots hot roll raisin pie	5 taco salad with ground beef, Mexican corn tomatoes tortilla chips apricots	6 roast beef with potatoes & carrots hot roll peach crisp	7 baked potato bar w/ ham, broccoli, chili, cheese & sour cream pea salad bread pudding juice	Lunch is served from 11:15AM to 12:15PM MON-FRI
10 chicken livers or chicken nuggets with mashed potatoes & gravy mixed vegetables biscuits homemade cookies	11 baked chicken with stuffing broccoli salad corn pineapple	12 supreme pizza with pepperoni, peppers & onions pasta salad peanut butter pie	13 shepherd's pie ground beef, peas, carrots & potatoes cottage cheese whole wheat bread fruit pudding	14 orange chicken over white rice Asian slaw broccoli watermelon	FREE BINGO with prizes TUES, AUG 11 NOON Immediately following lunch service
17 chicken with noodles spinach stewed tomatoes applesauce	18 Frito pie with ground beef, onions tomatoes sour cream lime supreme salad	19 fried chicken mashed potatoes and gravy green beans bread butterscotch pudding	20 Sloppy Joe on bun French fries peas Jello fruit salad	21 chicken salad sandwich on bun beet salad apple/carrot/raisin salad pears	All meals include an 8 oz serving of lowfat milk
24 baked ham sweet potatoes buttered cabbage mixed fruit bread	25 beef liver & onions or beef cutlet baked potato broccoli Normandy hot roll strawberry shortcake	26 chicken fajitas in tortilla shell with peppers & onions beans & rice brownie	27 cheeseburger on bun potato salad baked beans homemade cake	28 Polish sausage casserole with potatoes & cabbage green beans hot roll baked apples	Homemade desserts are often added to our congregate meals
31 chicken & rice casserole with broccoli & peas hot roll peaches		For everyone's safety and peace of mind, we will not serve any items with lettuce this month.	3		If you know someone 60 or over in need of meal delivery, call us at 660-376-3103