

APRIL 2026 MENU

Marceline Area Nutrition Program & Center 229 W. Hauser, Marceline, MO

The Center is open from 8am to 2pm, Monday through Friday, for coffee, conversation, cards, and pool

If you will not be home to receive your delivery meal, please call by 9:30am that day 660-376-3103

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | INFO & ACTIVITIES |
|--------|--|---|--|---|--|---|
| week 1 | | | 1 meatloaf whole wheat roll au gratin potatoes green beans applesauce | 2 chicken salad croissant pea salad pickled beets chips peaches | 3 CLOSED IN OBSERVANCE OF GOOD FRIDAY | Home delivery recipients: Good Friday's meals, and for those who receive weekend meals, all will be delivered on Thursday, April 2. |
| week 2 | 6 spaghetti w ground beef French bread lettuce salad with onions & peppers carrots pears | 7 breaded pork chop whole wheat bread mashed potatoes with gravy mixed vegetables peaches | 8 BBQ pulled chicken whole wheat bun potato wedges corn baked apples | 9 beef taco casserole with whole grain tortilla chips, peppers & onions stewed tomatoes applesauce | 10 Polish sausage macaroni & cheese sauerkraut peas mixed fruit | Lunch is served in the dining room 11:15-12:15 Monday – Friday |
| week 3 | 13 beef with noodles whole wheat bread broccoli spinach pineapple | 14 pork tenderloin whole wheat bun tator tots peas applesauce | 15 beef & bean burrito Spanish rice lettuce salad with onions & peppers stewed tomatoes Mandarin oranges | 16 chicken fried chicken whole wheat roll mashed potatoes and gravy corn pears | 17 pork sausage cavatini French bread Lettuce salad with onions & peppers carrots mixed fruit | All meals include an 8-ounce serving of low-fat milk. |
| week 4 | 20 baked ham whole wheat roll sweet potatoes mixed vegetables peaches | 21 Salisbury steak whole wheat roll mashed potatoes and gravy buttered cabbage apricots | 22 baked fish filet cornbread cole slaw baked beans pineapple | 23 country fried beef steak whole wheat roll mashed potatoes and gravy green beans pears | 24 bone-in BBQ pork ribs whole wheat bread baked potato broccoli mixed fruit | We are required by the Older Americans Act federal amendment of 2025 to post our actual cost per meal of \$8. Please contribute what you can, when you can, if you can. |
| week 1 | 27 baked pork cutlet whole wheat bread scalloped potatoes peas pineapple | 28 beef lasagna French bread lettuce salad with onions & peppers carrots mixed fruit | 29 meatloaf whole wheat roll au gratin potatoes green beans applesauce | 30 chicken salad croissant pea salad pickled beets chips peaches | MAY 1 pork sausage with gravy whole wheat biscuit hash-brown potatoes spinach mandarin oranges | Contributions are confidential , so cash is preferred. If you need to write a check, please make payable to: Marceline Nutrition |