660-376-3103

MARCELINE NUTRITION CENTER

SEPTEMBER 2024

Approved by Young at Heart

Resources,

Nutrition Project Director:

					Nutrition Project L	
ACTIVITIES	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Marceline Nutrition Center 229 W Hauser Marceline, MO 64658	CLOSED	3. C-13 COUNTRY FRIED STEAK MASHED POTATOES & GRAVY CABBAGE WW BREAD CAKE JUICE	4. B-1 BEEF STROGANOFF BRUSSEL SPROUTS WW BREAD PINEAPPLE JUICE	5. B-1 BEEF TATOR TOT CASSEROLE LETTUCE SALAD CARROTS FRENCH BREAD MIXED FRUIT	6. B-12 PORK TENDERLOIN WW BUN POTATO WEDGES LETTUCE, TOMATO, ONION & PICKLES BROWNIES JUICE	SERVING TIME: CARRY OUT 11:00 – Please call ahead to reserve EAT IN - 11:30
	9. B-10 PORK CUTLET SCALLOPED POTATOES NORMANDY BLEND VEGETABLES HOT ROLL APPLESAUCE PICKLED BEETS	10. A-15 HOT HAM & CHEESE SANDWICH BAKED BEANS BROCCOLI TROPICAL FRUIT	11. A-13 BBQ CHICKEN LEGS CORN PEAS BREAD TAPIOCA PUDDING FRUIT	12. B-4 CHICKEN STRIPS MASHED POTATOES & GRAVY GREEN BEANS HOT ROLL COOKIE JUICE	13. B-16 BBQ MEATBALLS AUGRATIN POTATOES CALIFORNIA BLEND VEGETABLES WW BREAD FRUIT SALAD	
For daily menu listen to "Big Erv" on KDWD 99.1 weekdays between 8:00-8:15 am	16. B-19 BAKED POTATO BAR HAM, CHILI, SOUR CREAM, BROCCOLI & CHEESE BREAD FRUIT JUICE	17. B-15 BEEF ENCHILADAS SPANISH RICE CORN PEACHES STRAWBERRY SHORTCAKE JUICE	18. D-10 FRIED CHICKEN MASHED POTATOES & GRAVY PEAS & CARROTS HOT ROLL FRUIT COBBLER	19. A-10 SPAGHETTI W/ MEAT SAUCE LETTUCE SALAD CARROTS FRENCH BREAD PEACHES	20. C-17 FISH FILLET TATER TOTS COLE SLAW GREEN BEANS CORNBREAD MIXED FRUIT	Benefit Counselor Sept. 4th
	23. A-7 BAKED HAM SWEET POTATOES CORN WW ROLLS PINEAPPLE UPSIDE DOWN CAKE JUICE	24. A-9 HAMBURGER ON A BUN LETTUCE, TOMATO, ONION & PICKLE POTATO WEDGES PEA SALAD MIXED FRUIT ICE CREAM	25. G-11 ROAST BEEF MASHED POTATOES & GRAVY CUCUMBERS & ONIONS GREEN BEANS HOT ROLL FRUIT	26. B-12 PULLED PORK ON A WW BUN CHEESY POTATOES COLESLAW FRUIT	27. C-3 CHICKEN ALFREDO BROCCOLI 3 BEAN SALAD BISCUIT FRUIT	Thank you for your product of the month donations:
Pioneer Skilled Nursing 3 rd Friday 10:00	30. C-16 BEEF CHOW MEIN RICE SPINACH STEWED TOMATOES WW BREAD JELLO WITH PEACHES					*8 oz low-fat milk is offered at every meal