

PRODUCT OF THE MONTH: BUTTER AND OIL

SUGGESTED CONTRIBUTION \$3.00 PER MEAL

660-376-3103

MARCELINE NUTRITION CENTER

SEPTEMBER 2023

Approved by Young at Heart Resources,
Nutrition Project Director:

ACTIVITIES	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Marceline Nutrition Center 229 W Hauser Marceline, MO 64658					1. D-11 CHEESEBURGER OR CHICKEN PATTY ON WW BUN POTATO WEDGES BROCCOLI SALAD FRESH FRUIT	SERVING TIME: CARRY OUT 11:00 – Please call ahead to reserve EAT IN - 11:30
	4. CLOSED	5. D-14 CHICKEN, HAM & CHEESE HOAGIE POTATO CHIPS THREE BEAN SALAD FRUIT JUICE	6. B-9 BEEF & NOODLES MIXED VEGETABLES BREAD APPLESAUCE OATMEAL COOKIES JUICE	7. A-7 SLOPPY JOE ON BUN POTATO WEDGES CORN BROWNIES JUICE	8. A-5 FISH FILLET BAKED BEANS COLESLAW WW CORNBREAD MIXED FRUIT	
For daily menu listen to "Big Erv" on KDWD 99.1 weekdays between 8:00-8:15 am	11. C-11 HAM SWEET POTATOES GREEN BEANS WW BREAD STRAWBERRY SHORTCAKE	12. A-7 PORK ROAST AUGRATIN POTATOES WINTER MIX WW BREAD MANDARIN CAKE JUICE	13. A-2 CHICKEN POTATOES/GRAVY PEAS/CARROTS WW HOT ROLL PEACHES	14. A-9 TENDERLOIN ON WW BUN CUCUMBERS/ONIONS CALIFORNIA BLEND FRUIT ICE CREAM	15. B-6 MEATBALLS BUTTERED POTATOES CABBAGE WW BREAD PEARS	Benefit Counselor Wed. September 6th
	18. B-11 SALISBURY STEAK POTATOES/GRAVY CARROTS WW BREAD MIXED FRUIT	19. B-14 POLISH SAUSAGE KRAUT CREAMED PEAS WW BREAD FRUIT COOKIES	20. C-5 HOT BEEF SANDWICH POTATOES/GRAVY GREEN BEANS WW BREAD FRUIT	21. D-6 MAC & CHEESE WITH HAM BROCCOLI CORN BREAD FRUIT	22. A-10 PORK CUTLETT SCALLOPED POTATOES BRUSSEL SPROUTS WW ROLL APPLESAUCE CAKE JUICE	Thank you for your product of the month donations!
BINGO Pioneer Skilled Nursing 3 rd Friday 10:00	25. B-9 BEEF STROGANOFF MIXED VEGETABLES BREAD APPLESAUCE OATMEAL COOKIES JUICE	26. A-3 CHICKEN PARMESAN SCALLOPED POTATOES CORN WW ROLL FRUIT	27. B-15 BEEF LASAGNA LETTUCE SALAD CARROTS FRENCH BREAD MIXED FRUIT	28. B-7 PORK STIR FRY VEGETABLE PEAS WW ROLL FRUIT CRISP	29. C-8 BBQ RIB/BUN COLE SLAW BAKED BEANS FRUIT COBBLER JUICE	*8 oz low-fat milk is offered at every meal