

PRODUCT OF THE MONTH: *butter AND OIL*

SUGGESTED CONTRIBUTION \$3.00 PER MEAL

660-376-3103

MARCELINE NUTRITION CENTER

NOVEMBER 2022

Approved by Young at Heart Resources,
Nutrition Project Director:

ACTIVITIES	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
<p>Marceline Nutrition Center PO Box 127 Marceline, MO 64658</p>		<p>1. A-10 BBQ CHICKEN CORN CASSEROLE CALIFORNIA BLEND WW BREAD FRUIT</p>	<p>2. B-7 SAUSAGE GRAVY WW BISCUIT TATOR TOTS SPINACH FRUIT CRISP</p>	<p>3. B-14 SPAGHETTI/MEAT SAUCE LETTUCE SALAD CARROTS FRENCH BREAD JUICE PUDDING</p>	<p>4. A-5 FISH FILLET BAKED BEANS COLESLAW WW CORNBREAD MIXED FRUIT</p>	<p>SERVING TIME: CARRY OUT 11:00 – Please call ahead to reserve EAT IN - 11:30</p>
	<p>7. C-11 HAM SWEET POTATOES GREEN BEANS WW BREAD PINEAPPLE UPSIDE DOWN CAKE</p>	<p>8. C-4 CHILI / VEG. SOUP WW CRACKERS PEA SALAD MIXED FRUIT</p>	<p>9. D-19 CHICKEN POT PIE BISCUIT CORN LETTUCE SALAD FIVE CUP FRUIT SALAD</p>	<p>10. C-18 ROAST BEEF POTATOES/GRAVY CARROTS HOT ROLL FRUIT JELLO</p>	<p>11. A-3 RIB PATTY/WW BUN AUGRATIN POTATOES WINTER MIX CAKE JUICE</p>	
<p>BINGO Pioneer Skilled Nursing 3rd Friday 10:00</p>	<p>14. A-6 PEPPERONI & PORK CAVATINI WITH ONIONS & PEPPERS SPINACH SALAD FRENCH BREAD PEACHES</p>	<p>15. B-6 MEATBALLS CHEESY POTATOES HARVARD BEETS WW ROLL FRUIT</p>	<p>16. A-5 COUNTRY FRIED STEAK POTATOES/GRAVY WW ROLL BROCCOLI APPLESAUCE</p>	<p>17. C-8 HAM & BEANS COLE SLAW CORNBREAD JUICE FRUIT COBBLER</p>	<p>18. C-5 TURKEY& DRESSING POTATOES/GRAVY CRANBERRY SAUCE GREEN BEANS HOT ROLL PUMPKIN PIE</p>	<p>Benefit Counselor Wednesday Nov. 9th Please call for an appointment</p>
	<p>21. B-9 BEEF WITH STEW VEGETABLES BROCCOLI WW BISCUIT APPLESAUCE OATMEAL COOKIE</p>	<p>22. B-15 BEEF LASAGNA CORN CARROT SALAD FRENCH BREAD BROWNIES JUICE</p>	<p>23. A-2 CHICKEN POTATOES/GRAVY GREEN BEANS WW ROLL FRUIT CRISP</p>	<p>24. CLOSED</p>	<p>25 CLOSED</p>	<p>Thank you for your product of the month donations!</p>
	<p>28. B-15 BEEF TACO PASTA CASSEROLE HOMINY STEWED TOMATOES TORTILLA CHIPS JUICE PUDDING</p>	<p>29. B-6 MEATLOAF BAKED POTATO BROCCOLI HOT ROLL CAKE JUICE</p>	<p>30. C-9 PORK ROAST SCALLOPED POTATO BRUSSEL SPROUTS WW BREAD FRUIT</p>			<p>*8 oz low-fat milk is offered at every meal</p>