

MAY 2025 Marceline Area Nutrition Program & Center Menu*

*Approved by Young at Heart Resources Nutrition Project Director. All meals include 8 oz. low-fat MILK
For daily menu updates or weather cancellations listen to KDWD 99.1FM
and follow @ MARCELINE AREA NUTRITION PROGRAM AND CENTER on FACEBOOK

If you know someone who needs to be enrolled in our home-delivery meal service, call us at 660-376-3103

Product of the month: BUTTER

Monday-Friday, 11:30 AM-12:30PM
229 W. Hauser, Marceline, MO 64658

suggested meal contribution \$8

	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Week 1		1		1 BAKED HAM SWEET POTATOES GREEN BEANS WHOLE WHEAT BREAD PINEAPPLE	2 BREADED FISH BAKED BEANS COLE SLAW CORNBREAD APRICOTS	EVERY THURSDAY: LIVE MUSIC FROM TED & DONNA FROM 10:30-12:30 In the dining room
Week 2	5 CHEESEBURGER ON WHOLE WHEAT BUN W/ LETTUCE, TOMATO, ONION & PICKLES POTATO WEDGES MIXED VEGETABLES PEACHES	6 BEEF STROGANOFF OVER NOODLES STEWED TOMATOES BRUSSELS SPROUTS WHOLE WHEAT ROLL PINEAPPLE	7 BAKED CHICKEN MASHED POTATOES & GRAVY GREEN BEANS WHOLE WHEAT ROLL MIXED FRUIT	8 CHICKEN STIR FRY W/ VEGABLES & RICE CORN WHOLE WHEAT BREAD PEARS	9 BEEF TACO SALAD WITH CORN TORTILLA CHIPS, LETTUCE, & TOMATO OR FISH APPLESAUCE	FRIDAY MAY 9: WELLNESS CHECKS FROM LINN COUNTY HEALTH DEPT in the recreation room
Week 3	12 BEEF ENCHILADAS W/ LETTUCE, TOMATO, & SPANISH RICE HOMINY PINEAPPLE	13 SWEET & SOUR MEATBALLS BAKED POATATO BROCCOLI NORMANDY WHOLE WHEAT BREAD APPLESAUCE	14 CHICKEN SALAD ON WHOLE WHEAT BUN POTATO CHIPS PEA SALAD PICKLED BEATS MIXED FRUIT	15 SPAGHETTI W/ BEEF & TOMATO SAUCE CARROTS LETTUCE SALAD WITH TOMATO & CARROTS FRENCH BREAD PEACHES	16 POLISH SAUSAGE SAURKRAUT BUTTERED POTATOES WHOLE WHEAT BREAD PEARS	WEDNESDAY MAY 14: INDOOR GARDENING WITH SHELLY AFTER LUNCH In the dining room
Week 4	19 CHICKEN FILET ON WHOLE WHEAT BUN W/ LETTUCE, TOMATO, ONION & PICKLES TATOR TOTS BROCCOLI APRICOTS	20 PEPPERONI, SAUSAGE & CAVATINI PASTA LETTUCE SALAD W/ TOMATO & CARROTS PEAS & CARROTS FRENCH BREAD FRUIT	21 ROAST BEEF WITH MASHED POTATOES & GRAVY GREEN BEANS WHOLE WHEAT ROLL TROPICAL FRUIT MIX	22 BREADED CHICKEN MACARONI & CHEESE CORN PEAS WHOLE WHEAT BREAD MIXED FRUIT	23 BEEF W/ NOODLES CARROTS STEWED TOMATOES WHOLE WHEAT ROLL APPLESAUCE	
Week 1	26 CLOSED FOR MEMORIAL DAY	27 PULLED PORK ON WHOLE WHEAT BUN POTATO WEDGES CARROTS PEACHES	28 CHICKEN TETRAZINI PEAS LETTUCE SALAD WITH TOMATO & CARROTS WHOLE WHEAT ROLL FRUIT	29 BAKED HAM SWEET POTATOES GREEN BEANS WHOLE WHEAT BREAD PINEAPPLE	30 BREADED FISH BAKED BEANS COLE SLAW CORNBREAD APRICOTS	