












**PRODUCT OF THE MONTH: BUTTER/FLOUR**

MAY 2016

**SUGGESTED CONTRIBUTION \$3.00 PER MEAL**

*MARCELINE NUTRITION CENTER*

**660-376-3103**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: HERE WITH PIONEER THE FIRST FRIDAY.	1. A-10  PORK CUTLETT AUGRATIN POTATOES Mixed Vegetables JUICE OAT BREAD CAKE	2. C-3 <b>CHICKEN</b> POTATOES/GRAVY Carrots BREAD FRUIT COBBLER	3. D-3  STUFFED PEPPERS RICE CALIF. BLEND WW BREAD FRUIT CRISP JUICE	4. A-7 PORK ROAST POTATOES/GRAVY Green Beans Hot Roll FRUIT	5.  A-6 SPAGHETTI/MEATSAUCE LETTUCE SALAD BRUSSEL SPROUTS FRENCH BREAD PUDDING JUICE	2. <b>Activity Room</b> Open 7:30-2:00 Mon.- Fri.
	8.  C-11 HAM SWEET POTATOES GREEN BEANS JUICE WW BREAD PINEAPPLE UPSIDEDOWN CAKE	9. C-15  PEPPER STEAK OVER NOODLES Carrots COLE SLAW APPLESAUCE BRAN MUFFIN	10. C-18 ROAST BEEF POTATOES/GRAVY Broccoli WW. Roll BREAD PUDDING/RAISIN SAUCE	11. C-7 CHICKEN SALAD On WW Bun THREE BEAN SALAD PEA SALAD CHIPS FRUIT PUDDING	12. A-19 CHICKEN STRIPS POTATOES/GRAVY CORN FRUIT JELLO BREAD Cake	SERVING TIME: 11:00-SALAD BAR  HOT MEAL 11:30-12:30
EXERCISE CLASSES ON MONDAY AND THURSDAYS 8:00 A.M. <u>call for details</u> <u>376-3103</u>	15. B-1  LASAGNA CARROTS FRUIT FRENCH BREAD LEMON PUDDING	16. A-2 <b>CHICKEN</b> POTATOES/GRAVY Calif. Blend BREAD FRUIT COBBLER	17. C-5  TURKEY & DRESSING POTATOES/GRAVY GREEN BEANS CRANBERRY SAUCE WW BREAD PUMPKIN CAKE	18. B-16  HAMBURGER STEAK/WITH MUSHROOMS/ONIONS AND PEPPERS/RICE ORIENTAL SLAW BREAD FRUIT	19. A-5  FISH FILLET BAKED BEANS COLE SLAW CORNBREAD FRUIT	Your product of the month donations help keep our meal costs down.
	22. B-11 CHILI OR VEG.SOUP BROCCOLI WW Crackers FRUIT WW MUFFIN	23. A-5 TURKEY POT PIE CORN WW BREAD LETTUCE SALAD APPLESAUCE CAKE	24. A-13 TACO CASSEROLE SPANISH RICE CALIF. BLEND TORTILLIA CHIPS FRUIT COOKIES	25. B-19  POTATO BAR CHILI,CHEESE,TURKEY BROCCOLI/CRACKERS WW BREAD THREE BEAN SALAD JUICE CAKE	26. A-15 CHEESEBURGER ON WW BUN TATOR TOTS BROCCOLI LETTUCE/TOMATO FRUIT SALAD	<u>Thank you for your support of the program.</u> <u>Salad Bar served daily as a courtesy. It is not part of the RDA meal requirement.</u>
	29. CLOSED FOR MEMORIAL DAY	30. C-3 BAKED BBQ <b>CHICKEN</b> POTATOES Carrots BREAD FRUIT COBBLER	D-13  STUFFED PEPPERS RICE CALIF. BLEND WW BREAD FRUIT CRISP JUICE			<u>Suggested contribution for over 60 participants is \$3.00</u> <u>Our cost to prepare meal \$6.60</u>

