

PRODUCT OF THE MONTH: CAKE MIXES, AND OIL
















SUGGESTED CONTRIBUTION \$3.00 PER MEAL

MARCELINE NUTRITION CENTER

660-376-3103

MAY 2018

approved by: Rebecca C. Skinn RD, LD 4.20.18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: WITH PIONEER THE FIRST FRIDAY.		1.  LASAGNA HOMINY LETTUCE SALAD CARROTS WW FRENCH BREAD FRUIT	2. B-14  POLISH SAUSAGE KRAUT CREAMED PEAS & POTATOES WW BREAD COOKIES/FRUIT	3  A-7 PORK ROAST Au GRATIN POTATOES BRUSSEL SPROUTS WW BREAD FRUIT SALAD	4. B-10 FISH FILLET TOTS GREEN BEANS COLESLAW WG CORNBREAD MIXED FRUIT	SERVING TIME: SALAD BAR 11:00 HOT MEAL 11:30
BINGO WITH BRISTOL MANOR THIRD FRIDAY	7. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY  CABBAGE WW BREAD TOMATOES FRUIT PUDDING	8. A-6   SPAGHETTI/MEAT SAUCE BRUSSEL SPROUTS FRENCH BREAD FRUIT JUICE	9. C-3 CHICKEN POTATOES/GRAVY CARROTS WG BREAD APPLE CRISP JUICE	10. A-3  PORK RIB ON WW BUN CORN CASSEROLE GREEN BEANS APPLE COOKIE CAKE	11. C-17 BEEF & NOODLES BROCCOLI WW BREAD BANANA CAKE APPLESAUCE JUICE	ACTIVITY ROOM OPEN 7:30-2:00 MON.-FRI. DAILY MENU ANNOUNCED MORNINGS ON 99.1 RADIO
EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00	14. B-7 SAUSAGE & GRAVY  SCRAMBLED EGGS TATOR TOTS WW BISCUIT FRUIT AND JUICE	15. CB-4 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS WW BREAD MANDARIN ORANGES CAKE	16. A-13  TACO SALAD HAMBURGER LETTUCE/ TOMATOES SPANISH RICE w/ BEANS CHEESE, CHIPS FRUIT	17. B-17 SWISS STEAK WITH TOMATOES/ONIONS BAKED POTATO WW BREAD Broccoli Normandy Fruit Cobbler	18. C-5  TURKEY & DRESSING POTATOES/GRAVY CRANBERRY SAUCE WW BREAD GREEN BEANS FRUIT	Thank you for your product of the month donations!
	21. C-11 HAM  SWEET POTATOES WW BREAD WINTER MIX PINEAPPLE CAKE	22. A-2.  CHICKEN POTATOES/GRAVY GREEN BEANS WW BREAD FRUIT CRISP JUICE	23. B-5  SALISBURY STEAK CORN SPINACH WW BREAD ORANGE JELLO FRUIT SALAD	24. C-18  ROAST BEEF POTATOES/GRAVY CARROTS WW BREAD FRUIT BREAD PUDDING WITH RAISIN SAUCE	25. A-5  FISH FILLET BAKED BEANS COLE SLAW WG CORNBREAD FRUIT	Tiffany In home services Providing blood pressure/blood sugar Clinic/and strength training THE FIRST FRIDAY OF EACH MONTH
	28. CLOSED FOR MEMORIAL DAY	29. LASAGNA HOMINY LETTUCE SALAD CARROTS WW FRENCH BREAD FRUIT	30. B-14 POLISH SAUSAGE KRAUT CREAMED PEAS. AND POTATOES WW BREAD COOKIES/FRUIT	31. A-7 PORK ROAST Au GRATIN POTATOES BRUSSEL SPROUTS WW BREAD FRUIT SALAD	MENU ON MARCELINE CITY WEBSITE	

**8 fluid ounces (1 cup) of low fat milk and 2 ounces of whole grain are offered for every meal*