

PRODUCT OF THE MONTH: CAKE MIXES AND BUTTER **SUGGESTED CONTRIBUTION \$3.00 PER MEAL**

MARCELINE NUTRITION CENTER

660-376-3103

MARCH 2020

<p>Music most Thursdays Call 376-3103 BINGO WITH PIONEER SECOND FRIDAY</p>	<p>2. A-9 CHICKEN FILLET ON WW BUN POTATO WEDGES PEA SALAD FRUIT/ICE CREAM</p>	<p>3. B-3 HAM & BEANS MIXED VEGETABLES WG CORNBREAD COLE SLAW FRUIT CRISP</p>	<p>4. B-19 CHICKEN POT PIE CORN WW ROLL LETTUCE SALAD PEARS</p>	<p>5. A-7 PORK ROAST/GRAVY AUGRATIN POTATOES GREEN BEANS WW BREAD PINEAPPLE</p>	<p>6. B-6 MEATLOAF BAKED POTATO WW BREAD BROCCOLI APPLE CAKE/JUICE</p>	<p>SERVING TIME: SALAD BAR 11:00 HOT MEAL 11:30 BLOOD SUGAR/PRESSURE First Friday OF EACH MONTH</p>
	<p>9. A-6 SPAGHETTI/MEAT SAUCE LETTUCE SALAD CARROTS WW FRENCH BREAD PUDDING/JUICE</p>	<p>10. B-9 BEEF STEW BISCUIT APPLESAUCE OATMEAL COOKIE</p>	<p>11. B-4 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS WW BREAD PUMPKIN BAR/FRUIT</p>	<p>12. B-7 SAUSAGE GRAVY SCRAMBLED EGGS TATOR TOTS/SPINACH WW BISCUIT/ FRUIT</p>	<p>13. C-5 TURKEY & DRESSING POTATOES/GRAVY WW BREAD GREEN BEANS FRUIT JELLO</p>	<p>MON.-FRI. CARDS PLAYED DAILY DAILY MENU ANNOUNCED MORNINGS ON 99.1 RADIO DOORS OPEN AT 7:30</p>
<p>EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00</p>	<p>16. D-6 PHILLY CHEESE STEAK WW BUN PEPPERS/ONION POTATO WEDGES CORN/ FRUIT</p>	<p>17. A-2 FRIED CHICKEN POTATOES/GRAVY WINTER MIX WW BREAD FRUIT COBBLER</p>	<p>18 A-13 TACO SALAD SPANISH RICE TACO CHIPS/SHELLS FRUIT</p>	<p>19. C-18 ROAST BEEF POTATOES/GRAVY CARROTS WW BREAD FRUIT CRISP</p>	<p>20. A-5 FISH FILLET BAKED BEANS COLE SLAW WG CORNBREAD MIXED FRUIT</p>	<p>Thank you for your product of the month donations!</p>
<p>BINGO THIRD WEDNESDAY WITH TAMMIE @ LIFE CARE CENTER</p>	<p>23. C-11 HAM SWEET POTATOES GREEN BEANS WW BREAD PINEAPPLE CAKE</p>	<p>24. B-14 BRATS/KRAUT CREAMED PEAS & POTATOES WW BREAD FRUIT COOKIES</p>	<p>25. C-4 CHILI OR VEG SOUP WW CRACKERS HOMINY PEARS/BROWNIE</p>	<p>26. A-4 SALISBURY STEAK POTATOES/GRAVY WW BREAD BRUSSEL SPROUTS BANANA BAR</p>	<p>27 A-10 PORK CUTLETT POTATOES NORMANDY WW ROLL APPLESAUCE CAKE</p>	<p>*8oz low-fat milk is offered at every meal</p>
	<p>30. A-9 CHICKEN FILLET ON WW BUN POTATO WEDGES PEA SALAD FRUIT ICE CREAM</p>	<p>31. B-3 HAM & BEANS MIXED VEG. WG CORNBREAD COLE SLAW FRUIT CRISP</p>				

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