

PRODUCT OF THE MONTH: BUTTER AND OIL

SUGGESTED CONTRIBUTION \$3.00 PER MEAL

660-376-3103

MARCELINE NUTRITION CENTER

JULY 2024

Approved by Young at Heart Resources,
Nutrition Project Director:

ACTIVITIES	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Marceline Nutrition Center 229 W Hauser Marceline, MO 64658	1. A-9 CHICKEN FILLET ON WW BUN POTATO WEDGES BROCCOLI FRUIT ICE CREAM	2. B-4 BEEF TACO TATOR TOT CASSEROLE PEAS & CARROTS WW BREAD APPLESAUCE JELLO	3. A-2 BAKED CHICKEN MASHED POTATOES GRAVY GREEN BEANS WW ROLL FRUIT	4. A-6 SPAGHETTI/MEAT SAUCE LETTUCE SALAD CARROTS FRENCH BREAD FRUIT PUDDING JUICE	5. <p style="text-align: center;">CLOSED</p>	SERVING TIME: <p style="text-align: center;">CARRY OUT</p> <p style="text-align: center;">11:00 – Please call ahead to reserve</p> EAT IN - 11:30
	8. D-6 MAC & CHEESE WITH HAM GREEN BEANS CORN BREAD FRUIT	9. B-19 CHICKEN SALAD ON A CROISSANT LETTUCE SALAD PICKLED BEETS POTATO CHIPS CAKE JUICE	10. B-9 BEEF & NOODLES MIXED VEGETABLES BREAD APPLESAUCE COOKIES JUICE	11. C-18 ROAST BEEF MASHED POTATOES GRAVY CARROTS WW BREAD FRUIT		
For daily menu listen to “Big Erv” on KDWD 99.1 weekdays between 8:00-8:15 am	15. A-10 PORK CUTLET SCALLOPED POTATOES BRUSSEL SPROUTS WW ROLL APPLESAUCE CAKE JUICE	16. B-14 POLISH SAUSAGE SAUERKRAUT CREAMED PEAS WW BREAD FRUIT CRISP	17. C-11 BAKED HAM SWEET POTATOES GREEN BEANS WW BREAD PINEAPPLE UPSIDE DOWN CAKE JUICE	18. A-7 PORK ROAST MASHED POTATOES GRAVY CARROTS WW ROLL FRUIT	19. B-1 BEEF STROGANOFF LETTUCE SALAD BROCCOLI WW BREAD COOKIES FRUIT	
	22. SALISBURY STEAK MASHED POTATO/GRAVY CORN WW HOT ROLL MIXED FRUIT	23. PORK TENDERLOIN ON A BUN POTATO WEDGES GREEN BEANS LETTUCE, TOMATO AND ONION CAKE JUICE	24. BEEF LASAGNA LETTUCE SALAD CARROTS FRENCH BREAD PUDDING JUICE	25. CHICKEN ALFREDO NORMANDY VEGGIES 3 BEAN SALAD WW BREAD FRUIT	26. FISH FILLET BAKED BEANS COLE SLAW WW CORNBREAD MIXED FRUIT	Thank you for your product of the month donations!
<p style="text-align: center;">BINGO</p> Pioneer Skilled Nursing 3 rd Friday 10:00	29. CHICKEN FILLET/ BUN POTATO WEDGES BROCCOLI FRUIT ICE CREAM	30. BEEF TACO TATOR TOT CASSEROLE PEAS & CARROTS WW BREAD APPLESAUCE JELLO	31. BAKED CHICKEN MASHED POTATOES GRAVY GREEN BEANS HOT ROLL FRUIT			*8 oz low-fat milk is offered at every meal