












**PRODUCT OF THE MONTH: BUTTER/FLOUR**

JUNE 2017

**SUGGESTED CONTRIBUTION \$3.00 PER MEAL**

*MARCELINE NUTRITION CENTER*

**660-376-3103**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: HERE WITH PIONEER THE FIRST FRIDAY.				1. C-3 <b>CHICKEN</b> POTATOES/GRAVY Carrots BREAD FRUIT COBBLER	2.  A-6 SPAGHETTI/MEATSAUCE LETTUCE SALAD BRUSSEL SPROUTS FRENCH BREAD PUDDING JUICE	Activity Room Open 7:30-2:00 Mon.- Fri.
<b>LINE DANCE MONDAYS 1:00</b>	5.  C-11 HAM SWEET POTATOES GREEN BEANS JUICE WW BREAD PINEAPPLE CAKE	6. C-15  PEPPER STEAK OVER NOODLES Carrots COLE SLAW APPLESAUCE BRAN MUFFIN	7. C-18 ROAST BEEF POTATOES/GRAVY Broccoli WW. Roll BREAD PUDDING/RAISIN SAUCE JUICE	8. C-7 CHICKEN SALAD On WW Bun THREE BEAN SALAD PEA SALAD CHIPS FRUIT PUDDING	9. A-19 CHICKEN STRIPS POTATOES/GRAVY CORN FRUIT JELLO WW BREAD/JUICE Cake	SERVING TIME: 11:00-SALAD BAR  HOT MEAL 11:30-12:30
EXERCISE CLASSES ON MONDAY AND THURSDAYS 8:00 A.M. <u>call for details 376-3103</u>	12. B-1  LASAGNA CARROTS PEAS FRUIT WG FRENCH BREAD LEMON PUDDING	13. A-2 CHICKEN POTATOES/GRAVY Calif. Blend WW BREAD FRUIT COBBLER	14. C-5  TURKEY & DRESSING POTATOES/GRAVY GREEN BEANS CRANBERRY SAUCE WW BREAD PUMPKIN CAKE	15. B-16  HAMBURGER STEAK/WITH MUSHROOMS/ONIONS AND PEPPERS/RICE ORIENTAL SLAW WW BREAD FRUIT	16. A-5  FISH FILLET BAKED BEANS COLE SLAW WG CORNBREAD FRUIT	Your product of the month donations help keep our meal costs down.
	19. B-11 CHILI OR VEG.SOUP BROCCOLI WW Crackers FRUIT WW MUFFIN	20. A-5 TURKEY POT PIE CORN WW BREAD LETTUCE SALAD APPLESAUCE CAKE JUICE	21. A-13 TACO CASSEROLE SPANISH RICE CALIF. BLEND TORTILLIA CHIPS FRUIT COOKIES	22. B-19  POTATO BAR CHILI,CHEESE,TURKEY BROCCOLI/CRACKERS WW BREAD THREE BEAN SALAD CAKE/JUICE	23. A-15 CHEESEBURGER ON WW BUN TATOR TOTS BROCCOLI LETTUCE/TOMATO FRUIT SALAD	<u>Thank you for your support of the program. Salad Bar served daily as a courtesy. It is not part of the RDA meal requirement.</u>
	26. A-10  PORK CUTLETT AUGRATIN POTATOES Mixed Vegetables JUICE OAT BREAD FRUIT	27. C-3 CHICKEN POTATOES Carrots WW BREAD FRUIT COBBLER	28. A-6  SPAGHETTI/MEATSAUCE LETTUCE SALAD BRUSSEL SPROUTS WW FRENCH BREAD PUDDING JUICE	29. D-13  MEATLOAF POTATOES CALIF. BLEND WW BREAD FRUIT CRISP JUICE	30. A-7 PORK ROAST POTATOES/GRAVY Green Beans W.W Hot Roll FRUIT	<u>Suggested contribution for over 60 participants is \$3.00 Our cost to prepare meal \$6.50</u>

