

PRODUCT OF THE MONTH: BUTTER AND OIL








SUGGESTED CONTRIBUTION \$3.00 PER MEAL

MARCELINE NUTRITION CENTER

660-376-3103

JUNE 2018

approved by: Rebecca C. Shinn RD, LD - 5.25.18

2018	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: WITH PIONEER THE FIRST FRIDAY.					1. D-10 BBQ PORK  ON WW BUN CHEESY POTATOES WINTER MIX APPLESAUCE PEANUTBUTTER PIE	SERVING TIME: SALAD BAR 11:00 HOT MEAL 11:30
	4. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY CABBAGE WW BREAD TOMATOES FRUIT PUDDING	5. A-8 MEAT BALLS Sc. Potatoes CARROTS BRUSSEL SPROUTS WW BREAD PEARS BANANA NUT MUFFINS	6. C-3 CHICKEN POTATOES/GRAVY CARROTS WW BREAD APPLE CRISP JUICE	7. A-3 PORK RIB ON WW BUN CORN CASSEROLE GREEN BEANS  APPLE COOKIE CAKE	8. C-20 BEEF/ STIR FRY VEGETABLES  RICE/CORN CARROT SALAD WW BREAD STRAWBERRY SHORTCAKE	ACTIVITY ROOM OPEN 7:30-2:00 MON.-FRI. DAILY MENU ANNOUNCED MORNINGS ON 99.1 RADIO
EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00	11. B-11 CHEESEBURGER ON WW BUN POTATO WEDGES WINTER MIX CAKE JUICE	12. CB-4 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS WW BREAD MANDARIN ORANGES CAKE	13. A-13 TACO SALAD Taco Meat LETTUCE/ TOMATOES SPANISH RICE/w Beans CHEESE, CHIPS FRUIT	14. B-17 SWISS STEAK WITH TOMATOES/ONIONS BAKED POTATO WW BREAD BROCCOLI NORMANDY FRUIT COBBLER	15. C-5 TURKEY& DRESSING POTATOES/GRAVY CRANBERRY SAUCE WW BREAD GREEN BEANS FRUIT	Thank you for your product of the month donations!
	18. C-11 HAM SWEET POTATOES WW BREAD WINTER MIX PINEAPPLE  CAKE	19. A-2 BBQ CHICKEN SC .POTATOES GREEN BEANS WW BREAD FRUIT CRISP JUICE	20. B-5 SALISBURY STEAK POTATO SALAD CORN SPINACH WW BREAD ORANGE JELLO FRUIT SALAD	21. C-18 ROAST BEEF  POTATOES/GRAVY CARROTS WW BREAD FRUIT BREAD PUDDING WITH RAISIN SAUCE	22. A-5 FISH FILLET BAKED BEANS COLE SLAW WG CORNBREAD WATERMELON	Tiffany In home services Providing blood pressure/blood sugar Clinic/and strength training THE FIRST FRIDAY OF EACH MONTH
	25. A-9 CHICKEN PATTY ON WW BUN TATOR TOTS SPINACH PUDDING JUICE	26. B-1 LASAGNA HOMINY LETTUCE SALAD CARROTS WW FRENCH BREAD FRUIT	27. B-14 POLISH SAUSAGE  KRAUT/ CREAMED PEAS AND POTATOES WW BREAD COOKIES/FRUIT	28. A-7 PORK ROAST Au GRATIN POTATOES BRUSSEL SPROUTS WW BREAD FRUIT SALAD	29. D-10 BBQ PORK  ON WW BUN CHEESY POTATOES WINTER MIX APPLESAUCE PEANUTBUTTER PIE	

*8 fluid ounces (1 cup) of low-fat milk & 2 ounces of whole grains are offered at every meal.