

PRODUCT OF THE MONTH: BUTTER AND OIL

SUGGESTED CONTRIBUTION \$3.00 PER MEAL

660-376-3103

MARCELINE NUTRITION CENTER

JANUARY 2024

Approved by Young at Heart Resources,
Nutrition Project Director:

ACTIVITIES	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Marceline Nutrition Center 229 W Hauser Marceline, MO 64658	1. CLOSED	2. C-11 HAM SWEET POTATOES GREEN BEANS WW BREAD PINEAPPLE CAKE JUICE	3. C-3 CHICKEN NOODLES PEAS HOT ROLL FRUIT CUP JUICE	4. BEEF BAKED SPAGHETTI CARROTS LETTUCE SALAD FRENCH BREAD PUDDING PEACHES	5. B-10 FISH BAKED BEANS COLE SLAW WW BREAD BRUSSEL SPROUTS MIXED FRUIT	SERVING TIME: CARRY OUT 11:00 – Please call ahead to reserve EAT IN - 11:30
	8. A-13 BEEF ENCHILADAS SPANISH RICE LETTUCE TOMATO CHEESE PLUMS JUICE	9. A-7 PORK ROAST SCALLOPED POTATO CARROTS WW BREAD PEACHES	10. D-19 CHICKEN POT PIE BISCUIT STEWED TOMATOES LETTUCE SALAD PISTACHIO PUDDING WITH FRUIT IN IT	11. C-18 ROAST BEEF MASHED POTATOES GRAVY GREEN BEANS ROLL PINEAPPLE	12. B-9 VEG BEEF STEW BROCCOLI WWBREAD APPLESAUCE COOKIES	
For daily menu listen to “Big Erv” on KDWD 99.1 weekdays between 8:00-8:15 am	15. CLOSED	16. C-4 BEEF CHILI BEEF VEG SOUP WW CRACKERS PEA SALAD MIXED FRUIT BROWNIES	17. A-5 COUNTRY FRIED STEAK POTATOES GRAVY BROCCOLI WW ROLL APPLESAUCE	18. D-9 BEEF TATER TOT CASSEROLE CORN BREAD JELLO W/ FRUIT IN IT	19. C-5 TURKEY/DRESSING MASHED POTATOES GRAVY GREEN BEANS CRANBERRY SAUCE HOT ROLLS PUMPKIN PIE	Benefit Counselor Wed. Jan 3rd
	22. A-10 CHICKEN STRIPS MASHED POTATOES GRAVY CALIFORNIA BLEND VEGETABLES BREAD APRICOTS	23. A-7 PULLED PORK W/ BUN TATER TOTS GREEN BEANS MANDARIN ORANGES CAKE JUICE	24. B-15 BEEF LASAGNA LETTUCE SALAD CARROTS FRENCH BREAD PUDDING JUICE	25. A-3 CHICKEN BAKED POTATO CORN WW BREAD PEARS	26. C-8 HAM & BEANS SPINACH CORNBREAD FRUIT COBBLER JUICE	Thank you for your product of the month donations!
BINGO Pioneer Skilled Nursing 3rd Friday 10:00	29. SAUSAGE GRAVY BISCUIT SCRAMBLED EGGS TATER TOTS SPINACH FRUIT	30. BEEF CUTLET MASHED POTATOES GRAVY GREEN BEANS WW BREAD FRUIT SALAD	31. PORK TENDERLOIN WW BUN POTATO WEDGES CARROTS LETTUCE TOMATO ONION CHOC CAKE & JUICE			*8 oz low-fat milk is offered at every meal