

# JANUARY 2018

**PRODUCT OF THE MONTH:** *butter AND OIL*

**SUGGESTED CONTRIBUTION \$3.00 PER MEAL**

*MARCELINE NUTRITION CENTER*

**660-376-3103**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: WITH PIONEER THE FIRST FRIDAY.	CLOSED NEW YEARS DAY	2. A-15 🍴 TENDERLOIN ON WW BUN POTATO WEDGES LETTUCE/TOMATO BROCCOLI BROWNIE/FRUIT	3. A-5 TURKEY POT PIE CORN WW BISCUIT COLE SLAW APPLESAUCE CAKE	4. A-7 PORK ROAST Au GRATIN POTATOES BRUSSEL SPROUTS WW BREAD FRUIT SALAD	5. B-10 FISH FILLET TOTS COLESLAW WW CORNBREAD MIXED FRUIT	SERVING TIME: SALAD BAR 11:00 HOT MEAL 11:30
	8. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY CABBAGE WW BREAD TOMATOES FRUIT PUDDING	9. A-6 🍴 SPAGHETTI/MEAT SAUCE LETTUCE SALAD BRUSSEL SPROUTS FRENCH BREAD MOUSSE JUICE	10. A-2 CHICKEN POTATOES/GRAVY CARROTS WW BREAD APPLE CRISP	11. A-7 ROAST BEEF POTATOES/GRAVY GREEN BEANS WW ROLL APPLE	12. C-14 🍴 CHICKEN & NOODLES BROCCOLI BEETS WW BREAD FRUIT	ACTIVITY ROOM OPEN 7:30-2:00 MON.-FRI.
EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00	15. B-7 SAUSAGE GRAVY TATOR TOTS SPINACH WW BISCUIT FRUIT	16. C-5 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS WW BREAD MANDARIN ORANGES CAKE	17. B-9 🍴 BEEF STEW APPLESAUCE WW BISCUIT OATMEAL COOKIE	18. B-11 PHILLY STEAK or HAMBURGER ON BUN POTATOES WINTER MIX JUICE CAKE	19. A-10 PORK CUTLETT 🍴 AUGRATIN POTATOES CORN WW BREAD GREEN BEANS FRUIT JELLO	Music with Larry, Dutch, & Shirley Thursday Mornings
	22. C-11 HAM 🍴 SWEET POTATOES WINTER MIX WW BREAD PINEAPPLE CAKE/JUICE	23. C-8. 🍴 HAM & BEANS WG CORNBREAD COLESLAW FRUIT COBBLER JUICE	24. B-6 MEATLOAF BAKED POTATO CALIF. BLEND WW BREAD FRUIT MUFFIN	25. C-14 🍴 CHICKEN SCALLOPED POTATOES CARROTS WW BREAD FRUIT CRISP JUICE	26. B-11 🍴 BEEF/ VEG. SOUP BROCCOLI WW CRACKERS FRUIT CINNAMON ROLL	Thank you for your product of the month donations!
	29. A-4 SMOTHERED STEAK POTATOES/GRAVY BRUSSEL SPROUTS TOMATOES WW ROLL FRUIT	30. TENDERLOIN ON WW BUN POTATO WEDGES LETTUCE/TOMATO BROCCOLI BROWNIE/FRUIT	31. A-5 TURKEY POT PIE CORN WW BISCUIT COLE SLAW APPLESAUCE CAKE			

