MARCELINE NUTRITION CENTER

## LIVE MUSIC ON WEDNESDAY

## **FEBRUARY 2024**

Approved by Young at Heart Resources, Nutrition Project Director:

ACTIVITIES	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Marceline Nutrition Center 229 W Hauser Marceline, MO 64658				1. C-3 CHICKEN NOODLES PEAS HOT ROLL FRUIT CUP JUICE	2. B-14 SPAGHETTI/MEAT SAUCE CARROTS LETTUCE SALAD FRENCH BREAD PUDDING PEACHES	CARRY OUT 11:00 - Please call ahead to reserve EAT IN - 11:30
	5. A-13 BEEF ENCHILADAS SPANISH RICE LETTUCE, TOMATO & CHEESE PLUMS JUICE	6. A-7 PORK ROAST SCALLOPED POTATO CARROTS WW BREAD FRUIT	7. D-19 CHICKEN POT PIE BISCUIT STEWED TOMATOES LETTUCE SALAD PISTACHIO AND FRUIT PUDDING	8. C-18 ROAST BEEF MASHED POTATOES & GRAVY GREEN BEANS HOT ROLL PINEAPPLE	9. B-9 VEG BEEF STEW BROCCOLI WW BREAD APPLESAUCE COOKIES	
For daily menu listen to "Big Erv" on KDWD 99.1 weekdays between 8:00-8:15 am	12. C-11 BAKED HAM SWEET POTATOES GREEN BEANS WW BREAD PINEAPPLE CAKE JUICE	13. B-12 PORK TENDERLOIN WW BUN POTATO WEDGES CARROTS LETTUCE, TOMATO CAKE JUICE	14. C-4 CHILI / VEG. SOUP WW CRACKERS PEA SALAD PEACHES	15. A-10 CHICKEN STRIPS MASHED POTATOES & GRAVY CALIFORNIA BLEND BREAD APRICOTS	16. B-10 BAKED FISH BAKED BEANS COLE SLAW WW BREAD BRUSSEL SPROUTS MIXED FRUIT	Benefit Counselor Wed. Feb. 7th
	CLOSED	20 D-9 BEEF TATER TOT CASSEROLE CORN BREAD JELLO W/ FRUIT	21. A-7 PULLED PORK ON WW BUN MACARONI & CHEESE GREEN BEANS MANDARIN ORANGE CAKE JUICE	22. A-10 CHICKEN ALFREDO PEAS HOT ROLL LETTUCE SALAD FRUIT	23. B-11 BEEF CUTLET SCALLOPED POTATOES BEETS WW BREAD CHERRY DELIGHT	Thank you for your product of the month donations
Pioneer Skilled Nursing 3 <sup>rd</sup> Friday 10:00	26. B-4 SAUSAGE GRAVY BISCUIT SCRAMBLED EGGS TATER TOTS SPINACH FRUIT	27. A-3 BAKED CHICKEN MASHED POTATO & GRAVY CORN WW BREAD PEARS	28. B-15 BEEF LASAGNA LETTUCE SALAD CARROTS FRENCH BREAD PUDDING JUICE	29. C-8 HAM & BEANS HOMINY CORNBREAD FRUIT COBBLER JUICE		*8 oz low-fat milk is offered at every meal