

**FEBRUARY 2018**












**PRODUCT OF THE MONTH:** *butter AND OIL*

**SUGGESTED CONTRIBUTION \$3.00 PER MEAL**

*MARCELINE NUTRITION CENTER*

**660-376-3103**

*\*Approved by: Rebecca C. Shinn*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: WITH PIONEER THE FIRST FRIDAY.				1. A-7 PORK ROAST Au GRATIN POTATOES BRUSSEL SPROUTS WW BREAD FRUIT SALAD	2. B-10 FISH FILLET TOTS COLESLAW WW CORNBREAD MIXED FRUIT	SERVING TIME:  SALAD BAR 11:00  HOT MEAL 11:30
	5. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY CABBAGE WW BREAD TOMATOES FRUIT PUDDING 	6. A-6  SPAGHETTI/MEAT SAUCE LETTUCE SALAD BRUSSEL SPROUTS FRENCH BREAD MOUSSE JUICE	7. A-2 CHICKEN POTATOES/GRAVY CARROTS WW BREAD APPLE CRISP	8. A-7 ROAST BEEF POTATOES/GRAVY GREEN BEANS WW ROLL APPLE	9. C-14  CHICKEN & NOODLES BROCCOLI BEETS WW BREAD FRUIT	ACTIVITY ROOM OPEN 7:30-2-00 MON.-FRI.  <b><u>MUSIC WITH TED, DONNA, DAVE &amp; Dutch SATURDAY FEBRUARY 10<sup>TH</sup> 2:00-4:00</u></b>
EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00  <b><u>MUSIC ON THURSDAY FEBRUARY 15, WITH TED, DONNA, &amp; DUTCH 10:00 TO 12:00.</u></b>	12. B-7 SAUSAGE & GRAVY TATOR TOTS SPINACH WW BISCUIT FRUIT 	13. C-5 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS WW BREAD MANDARIN ORANGES CAKE	14. B-9  BEEF STEW Vegetables APPLESAUCE WW BISCUIT OATMEAL COOKIE	15. B-11 CHEESEBURGER ON BUN POTATOE WEDGES WINTER MIX JUICE CAKE	16. A-10 PORK CUTLETT  AUGRATIN POTATOES CORN WW BREAD GREEN BEANS FRUIT JELLO	Thank you for your product of the month donations!
	19. Closed for Presidents day 	20. C-8.  HAM & BEANS WG CORNBREAD COLESLAW FRUIT COBBLER JUICE	21. B-6 MEATLOAF BAKED POTATO CALIF. BLEND WW BREAD FRUIT MUFFIN	22. C-14  BBQ CHICKEN SCALLOPED POTATOES CARROTS WW HOT ROLL FRUIT CRISP JUICE	23. B-11  BEEF/ VEG. SOUP BROCCOLI WW CRACKERS FRUIT CINNAMON ROLL	Tiffany In home services Providing blood pressure/blood sugar Clinic THURS. February 22, 2018 10:00-12:00
	26. A-4 SMOTHERED STEAK POTATOES/GRAVY BRUSSEL SPROUTS TOMATOES WW ROLL FRUIT	27. TENDERLOIN ON WW BUN POTATO WEDGES LETTUCE /TOMATO BROCCOLI BROWNIE/FRUIT	28. A-5 TURKEY POT PIE  CORN WW BISCUIT COLE SLAW APPLESAUCE CAKE	*8oz low-fat milk is offered at every meal		