PRODUCT OF THE MONTH: butter AND OIL

**SUGGESTED CONTRIBUTION \$3.00 PER MEAL** 

660-376-3103

MARCELINE NUTRITION CENTER

## **Live music on Thursdays**

## **DECEMBER 2024**

Approved by Young at Heart Resources,
Nutrition Project Director:

					lutrition Project Directo	<u>r:</u>
ACTIVITIES	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Marceline Nutrition Center 229 W Hauser Marceline, MO 64658	2. B-7 BAKED HAM SWEET POTATOES MIXED VEGETABLES WW BREAD PINEAPPLE UPSIDE DOWN CAKE	3. A-7 PORK ROAST SCALLOPED POTATOES CARROTS WW BREAD FRUIT	4. D-19 CHICKEN POT PIE BISCUIT STEWED TOMATOES LETTUCE SALAD FRUIT SALAD	5. B-9 VEGETABLE BEEF STEW BROCCOLI WW BREAD APPLESAUCE COOKIES	6. C-18 BEEF ROAST MASHED POTATOES & GRAVY GREEN BEANS WW ROLL FRUIT	SERVING TIME:  CARRY OUT  11:00 – Please call  ahead to reserve  EAT IN - 11:30
	9. D-11 CHEESEBURGER ON A WW BUN LETTUCE, TOMATO, ONIONS & PICKLES ONION RINGS PEAS BREAD PUDDING/RAISIN	10. C-4 CHILI W/ BEANS OR VEGETABLE BEEF SOUP WW CRACKERS BROCCOLI SALAD CORN BROWNIES JUICE	11. A-5 COUNTRY FRIED STEAK MASHED POTATOES & GRAVY GREEN BEANS WW ROLL APPLESAUCE	12. B-11 SAUSAGE GRAVY BISCUIT TATOR TOTS SPINACH FRUIT	13. C-5 SUPREME PIZZA WITH SAUSAGE, PEPPERONI, PEPPERS LETTUCE SALAD CORN FRUIT	
BINGO Pioneer Skilled Nursing 3 <sup>rd</sup> Friday 10:00	16. C-8 HAM & BEANS COLESLAW CORNBREAD SPINACH FRUIT COBBLER	17. A-7 RIB PATTIES ON A WW BUN TATOR TOTS GREEN BEANS CAKE FRUIT	18. A-2 BEEF LASAGNA LETTUCE SALAD CARROTS FRENCH BREAD PUDDING JUICE	19. B-11 SALISBURY STEAK GRAVY AUGRATIN POTATOES STEWED TOMATOES WW BREAD FRUIT	20. B-1 BAKED TURKEY & DRESSING MASHED POTATOES & GRAVY GREEN BEANS HOT ROLL CRANBERRY SAUCE PUMPKIN PIE	T 1:
For daily menu listen to "Big Erv" on KDWD 99.1 weekdays between 8:00- 8:15am.	23. B-12 TENDERLOIN ON A BUN LETTUCE, TOMATO, ONIONS & PICKLES POTATO WEDGES CORN FRUIT	CLOSED	CLOSED	26. A-10 CHICKEN STRIPS MASHED POTATOES & GRAVY BUTTER BEANS WW ROLL FRUIT	27. B-14 SPAGHETTI & MEATBALLS CARROTS LETTUCE SALAD FRENCH BREAD APPLE CRISP	Thank you for your product of the month donations
	30. B-14 POLISH SAUSAGE SAUERKRAUT BUTTERED POTATOES WW BREAD FRUIT COOKIES	31. A-5 FISH FILLET BAKED BEANS COLESLAW CORNBREAD MIXED FRUIT				*8 oz low-fat milk is offered at every meal