

PRODUCT OF THE MONTH: FLOUR AND BUTTER






SUGGESTED CONTRIBUTION \$3.00 PER MEAL

MARCELINE NUTRITION CENTER

660-376-3103

DECEMBER 2018

**Approved by: Rebecca C. Shinn*

2018	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Music most Thursdays Call 376-3103	3. C-8 HAM & BEANS SPINACH WG CORNBREAD COLE SLAW JUICE FRUIT COBBLER	4. A6  SPAGHETTI/MEATSAUCE CARROTS FRENCH BREAD PUDDING JUICE	5. B-20 BEEF STIR FRY CORN WW BREAD BAKED APPLES ICE CREAM	6. B-6 MEATLOAF BAKED POTATOES CALIFORNIA BLEND WW BREAD FRUIT MUFFINS	7. A-5 FISH FILLET BAKED BEANS COLE SLAW WG CORNBREAD Fruit CAKE	SERVING TIME: SALAD BAR 11:00 HOT MEAL 11:30
<u>BINGO WITH PIONEER</u> <u>SECOND FRIDAY</u> <u>BINGO WITH BRISTOL</u> <u>MANOR THE THIRD</u> <u>FRIDAY</u>	10. A-20 SAUSAGE GRAVY WW BISCUIT TOTS/SPINACH APPLESAUCE COOKIES	11. B-1 LASAGNA LETTUCE SALAD CARROTS FRENCH BREAD MIXED FRUIT	12. B-10 BEEF STROGANOFF PEAS SPINACH SALAD WW HOT ROLL FRUIT CINNAMON ROLLS	13. A-2 FRIED CHICKEN POTATOES/GRAVY GREEN BEANS WW BREAD APPLE CRISP	14B-5 SALISBURY STEAK POTATOES/GRAVY BROCCOLI NORMANDY WW BREAD FRUIT	ACTIVITY ROOM OPEN 7:30-2:00 MON.-FRI. CARDS PLAYED DAILY DAILY MENU ANNOUNCED MORNINGS ON 99.1 RADIO
EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00	17. C-11  HAM SWEET POTATOES GREEN BEANS WW BREAD STRAWBERRY SHORTCAKE	18. A-7 POT ROAST POTATOES/GRAVY CARROTS WW BREAD BREAD PUDDING WITH RAISIN SAUCE JUICE	19. B-11  CHILI OR VEG. SOUP BROCCOLI WW CRACKERS FRUIT BRAN MUFFIN	20. A-8  CHICKEN & NOODLES PEAS & CARROTS HARVARD BEETS WW BREAD MIXED FRUIT	21. C-5  TURKEY & DRESSING POTATOES/GRAVY CRANBERRY SAUCE WW BREAD GREEN BEANS PUMPKIN PIE	Thank you for your product of the month donations!
MCCLARNEY MANOR & TIFFANYS HERE FIRST FRIDAY OF THE MONTH BP-BLOOD SUGAR/PHYSICAL THERAPY TESTING	24 CLOSED	25. CLOSED	26. B-15 TACO SALAD TORTILLIA CHIPS SPANISH RICE SPINACH LETTUCE/TOMATOES WATERGATE SALAD	27.C-9 PORK ROAST POTATOES/GRAVY BRUSSEL SPROUTS WW BREAD MIXED FRUIT	28. A-5 CHICKEN POT PIE CORN WW BISCUIT COLE SLAW BANANA CAKE	Check the Linn Co. leader for menus FIND US ON THE CITY OF MARCELINE WEBSITE.
	31 C-8 HAM & BEANS SPINACH WG CORNBREAD COLE SLAW JUICE FRUIT COBBLER					*8oz low-fat milk is offered at every meal