








# DECEMBER 2017

**PRODUCT OF THE MONTH:** *CAKE MIXES AND OIL*

**SUGGESTED CONTRIBUTION \$3.00 PER MEAL**

*MARCELINE NUTRITION CENTER*

**660-376-3103**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: WITH PIONEER THE FIRST FRIDAY.					1. B-10 FISH FILLET TOTS COLESLAW WW CORNBREAD MIXED FRUIT	SERVING TIME: SALAD BAR 11:00 HOT MEAL 11:30
	4. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY CABBAGE WW BREAD TOMATOES FRUIT PUDDING	5. A-6  SPAGHETTI/MEAT SAUCE LETTUCE SALAD BRUSSEL SPROUTS FRENCH BREAD MOUSSE JUICE	6. C-14 BBQ CHICKEN SCALLOPED POTATOES CARROTS WW HOT ROLL FRUIT CRISP JUICE	7. A-15 TENDERLOIN ON WW BUN POTATO WEDGES LETTUCE /TOMATO BROCCOLI BROWNIE/FRUIT	8. C-14  CHICKEN & NOODLES BROCCOLI BEETS WW BREAD FRUIT	ACTIVITY ROOM OPEN 7:30-2-00 MON.-FRI.
EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00	11. B-7 SAUSAGE GRAVY TATOR TOTS SPINACH WW BISCUIT FRUIT	12. C-5 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS WW BREAD MANDARIN ORANGES CAKE	13. A-15 HAMBURGER ON WW BUN POTATOES CALIF. BLEND TROPICAL FRUIT	14. C-8  HAM & BEANS CORNBREAD COLESLAW FRUIT COBBLER JUICE	15.  C-5 TURKEY & DRESSING POTATOES/GRAVY GREEN BEANS CRANBERRY SAUCE WW BREAD PUMPKIN PIE	Music with Larry, Dutch, & Shirley Thursday Mornings
	18. C-11  HAM SWEET POTATOES WINTER MIX PINEAPPLE CAKE/JUICE	19. A-7 ROAST BEEF POTATOES/GRAVY GREEN BEANS WW ROLL APPLE BREAD PUDDING	20. B-6 MEATLOAF BAKED POTATO CALIF. BLEND WW BREAD FRUIT MUFFIN	21.  A-5 TURKEY POT PIE CORN WW BISCUIT COLE SLAW APPLESAUCE CAKE	22.  B-11 CHILI OR VEG. SOUP BROCCOLI WW CRACKERS FRUIT WW MUFFIN	Thank you for your product of the month donations!
	25 CLOSED	26 CLOSED.	27. A-2 CHICKEN POTATOES/GRAVY GREEN BEANS WW BREAD APPLE CRISP	28. A-7 PORK ROAST Au GRATIN POTATOES BRUSSEL SPROUTS WW BREAD FRUIT SALAD	29. B-10 FISH FILLET TOTS COLESLAW WW CORNBREAD MIXED FRUIT	