

APRIL 2025 Marceline Area Nutrition Program & Center Menu*

*Approved by Young at Heart Resources Nutrition Project Director. All meals include 8 oz. low-fat MILK
For daily menu updates or weather cancellations listen to KDWD 99.1FM
and follow @ MARCELINE AREA NUTRITION PROGRAM AND CENTER on FACEBOOK

Product of the month: BUTTER

Monday-Friday, 11:30 AM-12:30PM
229 W. Hauser, Marceline, MO 64658
suggested meal contribution \$8

If you know someone who needs to be enrolled in our home-delivery meal service, call us at 660-376-3103

	Monday	Tuesday	Wednesday	Thursday	Friday	ACTIVITIES
Week 1	31 (March) COUNTRY FRIED STEAK MASHED POTATOES & GRAVY BROCCOLI WHOLE WHEAT ROLL APPLESAUCE	1 PULLED PORK ON WHOLE WHEAT BUN POTATO WEDGES CARROTS PEACHES	2 CHICKEN TETRAZINI PEAS LETTUCE SALAD WITH TOMATO & CARROTS WHOLE WHEAT ROLL FRUIT	3 HAM SWEET POTATOES GREEN BEANS WHOLE WHEAT BREAD PINEAPPLE	4 BREADED FISH BAKED BEANS COLE SLAW CORNBREAD APRICOTS	LIVE MUSIC FROM TED & DONNA THURSDAY, 4/3 FROM 10:30-12:30
Week 2	7 CHEESEBURGER ON WHOLE WHEAT BUN W/ LETTUCE, TOMATO, ONION & PICKLES POTATO WEDGES MIXED VEGETABLES PEACHES	8 BEEF STROGANOFF OVER NOODLES STEWED TOMATOES BRUSSELS SPROUTS WHOLE WHEAT ROLL PINEAPPLE	9 BAKED CHICKEN MASHED POTATOES & GRAVY GREEN BEANS WHOLE WHEAT ROLL MIXED FRUIT	10 CHICKEN STIR FRY W/ VEGABLES & RICE CORN WHOLE WHEAT BREAD PEARS	11 BEEF TACO SALAD WITH CORN TORTILLA CHIPS, LETTUCE, & TOMATO OR FISH APPLESAUCE	WELLNESS CHECKS FROM LINN COUNTY HEALTH DEPT FRIDAY, 4/11 After lunch in the recreation room
Week 3	14 BEEF ENCHILADAS W/ LETTUCE, TOMATO, & SPANISH RICE HOMINY PINEAPPLE	15 SWEET & SOUR MEATBALLS BAKED POTATO BROCCOLI NORMANDY WHOLE WHEAT BREAD APPLESAUCE	16 CHICKEN SALAD ON WHOLE WHEAT BUN POTATO CHIPS PEA SALAD PICKLED BEETS MIXED FRUIT	17 SPAGHETTI W/ BEEF & TOMATO SAUCE CARROTS FRENCH BREAD LETTUCE SALAD WITH TOMATO & CARROTS PEACHES	18 Closed for Good Friday	
Week 4 HAPPY EASTER	21 CHICKEN FILET ON WHOLE WHEAT BUN W/ LETTUCE, TOMATO, ONION & PICKLES TATOR TOTS BROCCOLI APRICOTS	22 PEPPERONI, SAUSAGE & CAVATINI PASTA LETTUCE SALAD W/ TOMATO & CARROTS PEAS & CARROTS FRENCH BREAD FRUIT	23 ROAST BEEF WITH MASHED POTATOES & GRAVY GREEN BEANS WHOLE WHEAT ROLL TROPICAL FRUIT MIX	24 BREADED CHICKEN MACARONI & CHEESE CORN PEAS WHOLE WHEAT BREAD MIXED FRUIT	25 BEEF W/ NOODLES CARROTS STEWED TOMATOES WHOLE WHEAT ROLL APPLESAUCE	HOW TO AVOID FRAUD SCAMS: Presented by Young at Heart WEDNESDAY, 4/23 After lunch in the recreation room
Week 1	28 COUNTRY FRIED STEAK MASHED POTATOES & GRAVY BROCCOLI WHOLE WHEAT ROLL APPLESAUCE	29 PULLED PORK ON WHOLE WHEAT BUN POTATO WEDGES CARROTS PEACHES	30 CHICKEN TETRAZINI PEAS LETTUCE SALAD WITH TOMATO & CARROTS WHOLE WHEAT ROLL FRUIT			