




AUGUST 2021

PRODUCT OF THE MONTH: **DONATE CAKE MIXES. Thank you!**

SUGGESTED CONTRIBUTION **\$3.00 PER MEAL**

MARCELINE NUTRITION CENTER

660-376-3103

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPEN FOR CONGREGATE PICK UP OR DINE IN. RESERVE YOUR MEAL PLEASE	2. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY STEWED TOMATOES BREAD MIXED FRUIT	3. B-4 BBQ CHICKEN LEG QUARTERS BAKED POTATOES GREEN BEANS WW BREAD MANDARIN ORANGE JELLO SALAD	4..  A-3 RIBBIQ ON WW BUN AUGRATIN POTATOES RELISH TRAY WINTER MIX LEMON CAKE	5. C-16 MACARONI & CHEESE WITH HAM MIXED VEGETABLE SPINACH WW ROLL FRUIT	6. A-7 BUFFALO CHICKEN & CHEESE HOAGIE TOMATO/LETTUCE RANCH DRESSING POTATO CHIPS BEAN SALAD PINEAPPLE	SECOND FRIDAY OF THE MONTH <u>MCLARNEY & TIFFANY</u> <u>SPONSORED</u> <u>BLOOD</u> <u>SUGAR/BLOOD</u> <u>PRESSURE, AND</u> <u>STRENGTH TESTING</u>
	9. A-4 SALISBURY STEAK POTATOES/GRAVY BRUSSEL SPROUTS WW ROLL FRUIT	10. B-7 POLISH SAUSAGE/KRAUT PARSLEY POTATOES BROCCOLI WW BREAD FRUIT	11. A-18 PORK ROAST POTATOES/GRAVY GREEN BEANS BREAD FRUIT COBBLER JUICE	12. B-6 MEATBALLS BAKED POTATOES CALIF. BLEND WW BREAD FRUIT	13. B-1 BEEF LASAGNA LETTUCE SALAD CARROTS FRENCH BREAD MIXED FRUIT	
	16. A-15 HAMBURGER ON WW BUN POTATO WEDGES <small>LETTUCE, ONION, TOMATO</small> BROCCOLI TROPICAL FRUIT	17. A-18 HOT TURKEY SANDWICH POTATOES/GRAVY GREEN BEANS OATMEAL CHOC. CHIP COOKIE/ JUICE	18.  C-17 SPAGHETTI MEATSAUCE LETTUCE SALAD CARROTS FRENCH BREAD MIXED FRUIT	19. A-16 CHICKEN FILLET ON WW BUN TATOR TOTS CABBAGE COOKIES JUICE	20. C-18 ROAST BEEF POTATOES/GRAVY CARROTS BRAN ROLL FRUIT	<u>THANK YOU</u> <u>FOR YOUR</u> <u>SUPPORT.</u> <u>YOUR</u> <u>PARTICIPATION</u> <u>IS APPRECIATED.</u>
Suggested Contribution \$3.00 per meal.	23..  C-11 HAM SWEET POTATOES GREEN BEANS RELISH TRAY WW BREAD STRAWBERRY SHORTCAKE	24 B-12 CHICKEN POTATOES/GRAVY PEAS/CARROTS WW HOT ROLL FRUIT	25. B-12 TENDERLOIN on WW Bun FRENCH FRIES LETTUCE/TOMATO/ONION BROCCOLI FRUIT	26. C-20 CHICKEN STRIPS POTATOES/GRAVY CARROTS BREAD FRUIT	27. B-10 FISH FILLET BAKED BEANS COLE SLAW CORNBREAD FRUIT	
	30. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY STEWED TOMATOES BREAD MIXED FRUIT	31. B-4 BBQ CHICKEN LEG QUARTERS BAKED POTATOES GREEN BEANS WW BREAD MANDARIN ORANGE JELLO SALAD				Low fat Milk daily
