

PRODUCT OF THE MONTH: *BUTTER AND OIL*















SUGGESTED CONTRIBUTION \$3.00 PER MEAL

MARCELINE NUTRITION CENTER

660-376-3103

AUGUST 2018

**Approved by: Rebecca C. Shinn*

2018	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Music most Thursdays Call 376-3103 <u>BINGO WITH PIONEER</u> <u>SECOND FRIDAY</u>			1. C-3 CHICKEN POTATOES/GRAVY CALIF. BLEND WW BREAD APPLE CRISP JUICE	2. A-10 PORK SMOTHERED IN MUSHROOM GRAVY BAKED POTATO GREEN BEANS WW BREAD OATMEAL RAISIN COOKIES/JUICE	3. A-9 CHICKEN PATTY ON WW BUN TATOR TOTS SPINACH PUDDING JUICE	SERVING TIME: SALAD BAR 11:00 HOT MEAL 11:30
<u>Bingo:</u> <u>Bristol Manor</u> 3 rd Friday.	6. B-11 CHEESEBURGER ON WW BUN POTATO WEDGES WINTER MIX CAKE JUICE	7. CB-4 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS WW BREAD MANDARIN ORANGES CAKE	8. A-13  TACO SALAD Taco Meat LETTUCE/ TOMATOES SPANISH RICE/w Beans CHEESE,CHIPS FRUIT	9. B-17  SWISS STEAK WITH TOMATOES/ONIONS BAKED POTATO WW BREAD BROCCOLI NORMANDY FRUIT COBBLER	10. A-5  FISH FILLET BAKED BEANS COLE SLAW WG CORNBREAD FRUIT	ACTIVITY ROOM OPEN 7:30-2-00 MON.-FRI. DAILY MENU ANNOUNCED MORNINGS ON 99.1 RADIO
EXERCISE CLASSES ON MONDAY AND THURSDAYS AT 8:00	13. C-11  HAM SWEET POTATOES GREEN BEANS WW BREAD PINEAPPLE CAKE	14. B-1  LASAGNA HOMINY LETTUCE SALAD CARROTS WW FRENCH BREAD FRUIT	15. B-5  SALISBURY STEAK POTATOES/GRAVY CORN/SPINACH WW BREAD ORANGE JELLO FRUIT SALAD	16. B-14  TENDERLOIN ON BUN CREAMED PEAS & POTATOES Brussel Sprouts WW BREAD COOKIES FRUIT	17. C-5  TURKEY& DRESSING POTATOES/GRAVY CRANBERRY SAUCE WW BREAD GREEN BEANS FRUIT	Thank you for your product of the month donations!
	20. A-3  PORK RIB ON WW BUN CORN GREEN BEANS APPLE BANANA NUT MUFFINS	21.  C-18 ROAST BEEF POTATOES GRAVY CARROTS WW BREAD FRUIT BREAD PUDDING	22. A-8  MEAT BALLS Sc. Potatoes BROCCOLI WW BREAD PEARS CAKE	23. A-7  PORK ROAST POTATOES/GRAVY GREEN BEANS WW BREAD MIXED FRUIT	24. D-10  BBQ PORK ON WW BUN TATOR TOTS WINTER MIX APPLESAUCE PEANUTBUTTER PIE	Check the Linn Co. leader for menus
	25. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY CABBAGE WW BREAD TOMATOES FRUIT PUDDING	26. A-2 BEEF STROGANOFF WW NOODLES CARROTS WW BREAD FRUIT CAKE	27. C-3 CHICKEN POTATOES/GRAVY CALIF. BLEND WW BREAD APPLE CRISP JUICE	28. A-10 PORK SMOTHERED IN MUSHROOM GRAVY BAKED POTATO GREEN BEANS WW BREAD OATMEAL RAISIN COOKIES/JUICE	29.  A-9 CHICKEN PATTY ON WW BUN TATOR TOTS SPINACH PUDDING JUICE	*8oz low-fat milk is offered at every meal