

PRODUCT OF THE MONTH: OIL AND BUTTER

APRIL 2017

SUGGESTED CONTRIBUTION \$3.00 PER MEAL

MARCELINE NUTRITION CENTER

660-376-3103

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO: <u>HERE</u> WITH PIONEER THE FIRST FRIDAY OF EACH MONTH						Activity Room open at 7:30
LINE DANCING ON MONDAY AFTERNOON	3. A-20 SAUSAGE GRAVY/BISCUIT TATOR TOTS GREEN BEANS FRUIT	4. B-9 CHICKEN POTATOES/GRAVY CALIF. BLEND WW BREAD FRUIT	5. A-2 BEEF STEW APPLESAUCE BISCUIT OATMEAL CAKE JUICE	6. C-5 TURKEY & DRESSING POTATOES/GRAVY GREEN BEANS CRANBERRY SAUCE WW BREAD PUMPKIN CAKE	7. B-14 POLISH SAUSAGE/KRAUT CREAMED PEAS & POTATOES BREAD FRUIT COBBLER	<u>SALAD BAR</u> @ 11:00 <u>hot meal</u> 11:30-12:30
EXERCISE CLASSES ON MONDAY AND THURSDAYS 8:00 A.M.	10. B-1 LASAGNA CARROTS LETTUCE SALAD FRENCH BREAD COOKIE/FRUIT	11. B-20 BEEF STIR FRY/RICE SPINACH WW BREAD BAKED APPLES ICE CREAM	12. A-7 ROAST BEEF POTATOES/GRAVY GREEN BEANS WW. BREAD FRUIT PUDDING	13. C-14 CHICKEN & NOODLES BROCCOLI CORN WW BREAD FRUIT SALAD	CLOSED GOOD FRIDAY	Your product of the month donations help us keep our meal costs down.
	17. B-11 CHILI/CRACKERS OR VEG. SOUP CARROTS FRUIT LEMON COOKIE	18. C-3 CHICKEN BAKED POTATO GREEN BEANS WW BREAD FRUIT	19. C-9 TURKEY TETRAZZINI CARROTS/PEAS BREAD FRUIT CRISP	20. C-9 PORK ROAST POTATOES/GRAVY BRUSSEL SPROUTS BREAD FRUIT SALAD	21. A-5 FISH FILLET CORN CASSEROLE COLE SLAW CORNBREAD FRUIT	Thank you for your support of the program. Salad Bar served daily as a courtesy. It is not part of the RDA meal requirement.
	24. C-8 HAM & BEANS CORNBREAD COLESLAW JUICE C-8 FRUIT COBBLER	25. B-4 CHICKEN STRIPS POTATOES/GRAVY GREEN BEANS BREAD FRUIT	26. B-15 TACO SALAD SPANISH RICE SPINACH/CORN LETTUCE/TOMATOES PISTACHIO PUDDING	27. C-11 CHICKEN FILLET ON BUN CHEESY POTATOES PEAS/CARROTS LEMON COOKIE JUICE	28. A-4 COUNTRY FRIED STEAK POTATOES/GRAVY BRUSSEL SPROUTS WW BREAD TOMATOES SHERBET	Suggested contribution for over 60 participants is \$3.00. Our cost to prepare meal \$6.60